

## Measuring Tips

SLEEVE: With arm bent and hand on hip, place tape measure

at the base of your neck and follow along the top

shoulder and arm to the wrist.

CHEST: With arms at sides, place tape measure under your

arms and run it around the fullest part of the chest

and across the shoulder blades.

WAIST: Find the natural crease of your waist by bending to

one side. Run tape measure around your natural waistline, keeping one finger between the tape and

your body for a comfortable fit.

## MEN'S / ADULT / UNISEX - GENERAL SIZING GUIDLINE

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest	30"- 32"	34"- 36"	38"- 40"	42"- 44"	46"- 48"	50"- 52"	54"- 55"	56"- 57"	58"- 61"	61"- 64"
Waist	26"- 29"	29"- 32"	32"- 35"	35"- 38"	38"- 41"	41"- 44"	44"- 47"	47"- 50"	50"- 53"	53"- 56"
Sleeve Length	31"- 32"	32"- 33.5"	34"- 35"	35"- 36"	36"- 37"	37"- 38"	38"- 39"	38.5"- 39"	39"- 39.5"	39.5"- 40"

## LADIES FIT - GENERAL SIZING GUIDLINE

	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Size	2	4-6	8-10	12-14	16	18-20	22	24
Bust	32"- 34"	35"- 36"	37"- 38"	39"- 41"	42"- 44"	45"- 47"	48"- 51"	52"- 55"
Waist	24"- 25"	26"- 27"	28"- 30"	30"- 32"	33"- 35"	36"- 38"	40"- 42"	42"- 44"
Hip	33"- 35"	35"- 37"	37"- 39"	39"- 41"	42"- 44"	45"- 47"	48"- 50"	50"- 52"
Sleeve Lenath	30"- 30.5"	30.5"- 31"	31.5"- 32"	32.5"- 33"	33.5"- 34"	34"- 34.5"	34.5"- 35"	34.5"- 35"

## **YOUTH - GENERAL SIZING GUIDLINE**

